

# Iaso® Original Tea

THE ORIGINAL BREWED FORMULA

PROVIDES A GENTLE CLEANSE

## MAKE IT

STEP 1: Bring (1) quart water to **ROLLING BOIL**.<sup>\*</sup>  
STEP 2: **ADD** (2) tea bags and **COVER**. Remove from heat and let **STEEP** for 4 to 8 hours.<sup>\*</sup>  
STEP 3: Combine **STEEPED** tea with (3) Quarts cold water to make (1) gallon of tea and **REFRIGERATE**.<sup>\*</sup>

## TAKE IT

Morning, afternoon, and night.<sup>\*</sup>

## DOSE

Drink an (8) oz. glass with lunch & dinner and (1/2) cup with an evening snack.<sup>\*</sup>



## THE TRANSFORMING POWER OF TEA.

### About Iaso® Original Tea

Celebrated worldwide for its gentle cleansing abilities, our Iaso® Original Tea is powered by a unique blend of nine essential herbs formulated to clean the upper and lower intestines and help your body purge harmful toxins. With just two-and-a-half cups per day, you will see why this powerful blend is the perfect companion for a healthy diet and exercise program to aid your weight-loss goals!<sup>\*</sup>

### Active Ingredients:

#### Persimmon Leaves

The Ebenaceae family of tropical, deciduous fruits includes the meaty, fibrous persimmon. It is frequently grown in warm countries around the world, including China. Persimmons, both fresh and dried, are rich in carbohydrates like glucose and fructose, which serve as energy sources.<sup>1\*</sup>

#### Holy Thistle / Blessed Thistle

Native to the Mediterranean region, blessed thistle is known to be used for stomach issues that lead to indigestion. May provide temporary relief.<sup>2&3\*</sup>

#### Malva Leaves

The mallow plant, or "malva," is a nutritious green leaf variety that is native to Europe but grown globally in a variety of climates and soil conditions. All parts of the plant, including the leaves, are used in traditional medicine to help maintain a healthy digestive system.<sup>4\*</sup>

#### Marsh Mallow

Used for its roots, leaves and flowers, Marsh mallow is used all over the world as a medicinal plant to support the gastrointestinal tract.<sup>5\*</sup>

#### Carica Papaya

Belongs to the family Caricaceae, well known for its therapeutic and nutritional properties. The different parts of the papaya plant have been used since ancient times for its therapeutic applications.<sup>6&7\*</sup>

#### Myrrh

As a popular traditional natural medicine, is a yellowish oleo-gum resin obtained as a fluid/oil from the stems and branches. According to studies, myrrh gum may possess antibacterial properties.<sup>8\*</sup>

#### Chamomile

Highly used in tea products, is promoted for sleeplessness, anxiety and gastrointestinal conditions.<sup>9\*</sup>

#### Ginger

The phenolic compounds in ginger are known to support the body's natural digestive tract.<sup>10 & 11\*</sup>

### Nutrition Facts

16 servings per container	
<b>Serving size</b>	<b>8oz</b>
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<b>Amount per serving</b>	
<b>Calories</b>	<b>0</b>
<hr/>	
	<b>% Daily Value*</b>
<b>Total Fat</b> 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	0%
<b>Sodium</b> 0 mg	0%
<b>Total Carbohydrate</b> 0 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
<b>Protein</b> <1 g	
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Vitamin A	<2%
Vitamin C	<2%
Calcium	2%
Iron	<1%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Persimmon Leaves, Holy Thistle / Blessed Thistle, Malva Leaves, Marsh Mallow, Carica Papaya, Myrrh, Chamomile, Ginger

#### References:

1. National Library of Medicine <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8538319/>
2. National Library of Medicine <https://www.ncbi.nlm.nih.gov/books/NBK501775/>
3. MedlinePlus <https://medlineplus.gov/druginfo/natural/94.html>
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11. National Library of Medicine <https://www.ncbi.nlm.nih.gov/books/NBK92775/>



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STORE IN A COOL, DRY PLACE

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Not intended for use by children. If you are pregnant, nursing, or taking medications, consult your physician prior to use.

\*This product supports a healthy lifestyle. Individual results are not guaranteed and may vary based on diet and exercise. We cannot and do not guarantee that you will attain a specific or particular result, and you accept the risk that results differ for each individual. Health, fitness, and nutrition success depends on each individual's background, dedication, desire, and motivation. Always consult your healthcare professional before consuming any dietary supplement.